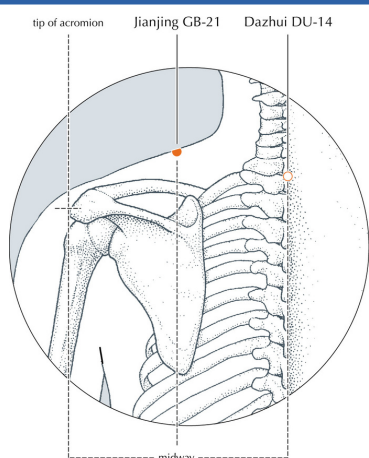
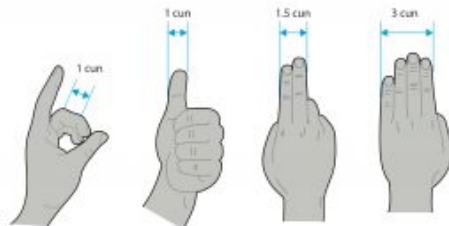
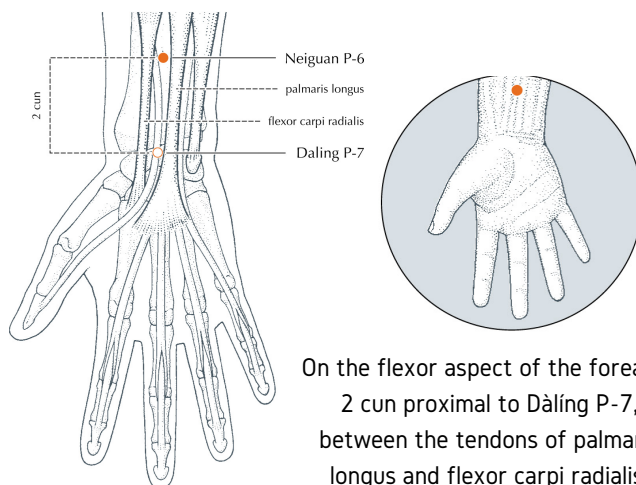


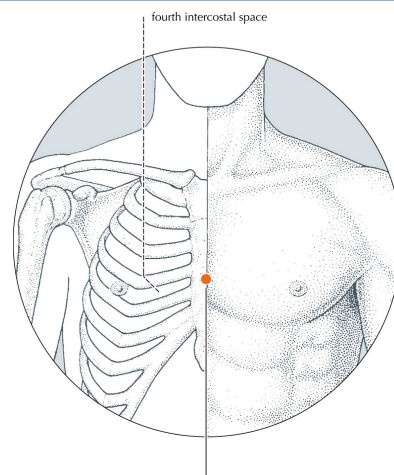
A cun is a measurement relative to the patients body that is used to find acupuncture points.



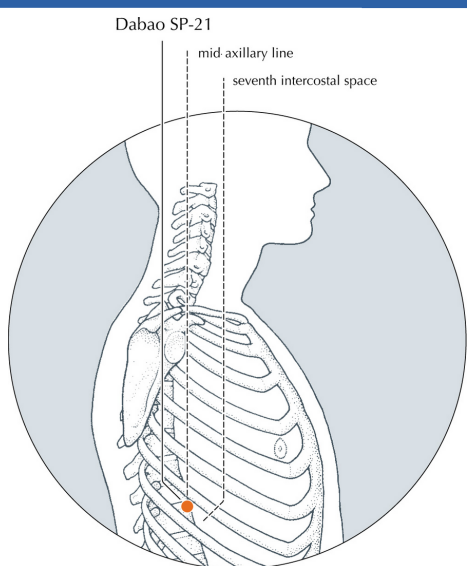
Midway between spine and the tip of the acromion, at the crest of the trapezius muscle.



On the flexor aspect of the forearm, 2 cun proximal to Daling P-7, between the tendons of palmaris longus and flexor carpi radialis.

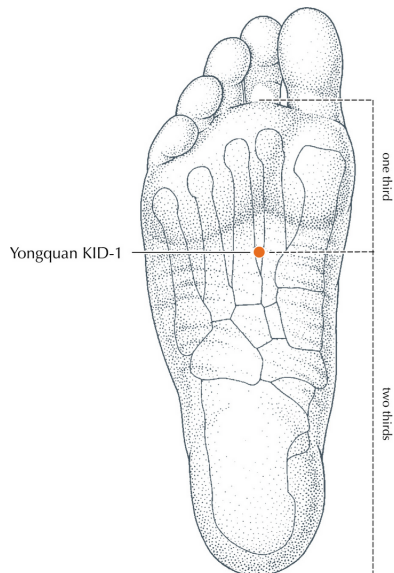
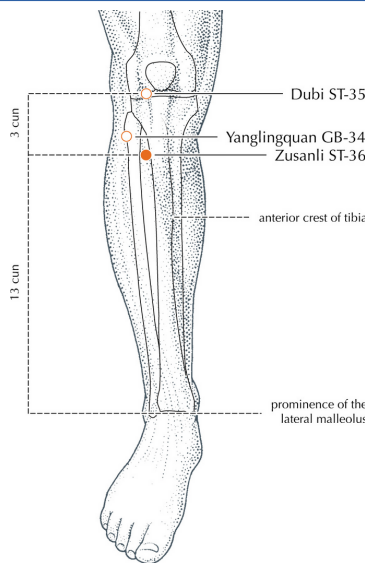


Shanzhong REN-17
 On the midline of the sternum, in a depression level with the junction of the fourth intercostal space and the sternum.

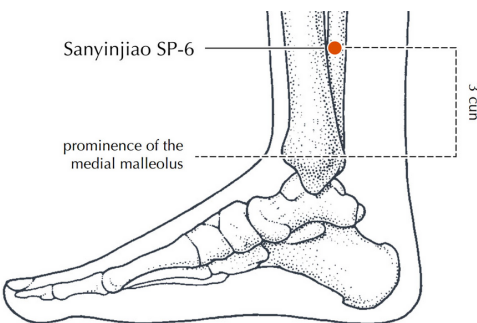


On the mid-axillary line, in the seventh intercostal space. (Hug yourself!)

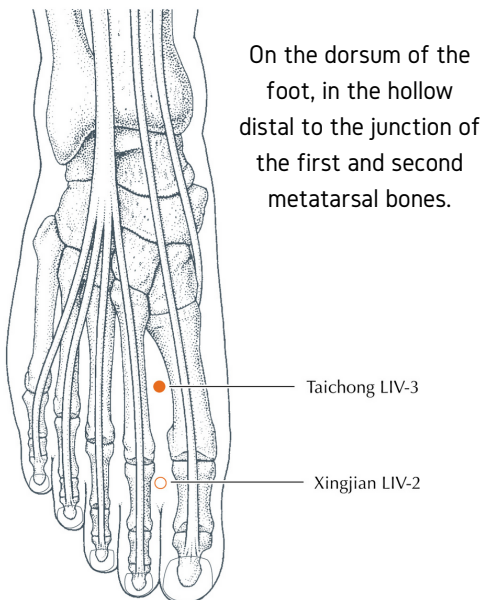
Below the knee, 3 cun inferior to Dúbí ST-35, one finger-breadth lateral to the anterior crest of the tibia.



On the sole of the foot, between the second and third metatarsal bones, approximately one third of the distance between the base of the second toe and the heel, in a depression formed when the foot is plantar flexed.



On the medial side of the lower leg, 3 cun superior to the prominence of the medial malleolus, in a depression close to the medial crest of the tibia.



On the dorsum of the foot, in the hollow distal to the junction of the first and second metatarsal bones.

If you are looking for more assistance with lactation, breastfeeding, and all other health related concerns, Schedule a Free Discovery Call with Sasha Today!
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